

UALBANY WOMEN'S OUTDOOR TRACK & FIELD SCHOOL RECORDS

<u>Track Event</u>	<u>Time</u>	<u>Name</u>	<u>Year</u>
100m Dash	11.55	Teresa Covert	2004
100m Hurdles	13.30	Teresa Covert	2004
200m Dash	23.85	Ellakisha Williamson	1997
400m Dash	55.14	Ellakisha Williamson	1997
400m Int. Hurdles	58.89	Kamilah McShine	2009
800m Run	2:06.63	Jessica Ortman	2007
1,500m Run	4:28.12	Jenna Ortman	2006
3,000m Run	9:39.34	Tonya Dodge	1997
5,000m Run	16:48.68	Alyssa Lotmore	2006
10,000m Run	36:52.81	Andrea Viger	2000
2,000M Steeplechase	7:48.10	Erica Viger	2000
3,000m Steeplechase	10:33.60	Laura Cummings	2008
3,000m Racewalk	14:09.40	Samantha Cohen	1998
5,000m Racewalk	23:19.88	Samantha Cohen	1998

<u>Field Event</u>	<u>Mark</u>	<u>Name</u>	<u>Year</u>
Long Jump	19-5.50	Teresa Covert	2004
Triple Jump	43-0.25	Jenn Gurrant	2009
High Jump	5-7.75	Brenna Militello	2007
Pole Vault	11-7.75	Celine Cauderlier	2009
Shot Put	45-3.5	Joy Williams	2004, 2005
Discus	159-9	Ritshell Verdier	2009
Javelin	136-6	Ashley Lewis	2009
Hammer	162-5	Kadine Johnson	2009
Heptathlon	5,008 pts.	Janna Johnston	1999

<u>Relay Event</u>	<u>Time</u>	<u>Names</u>	<u>Year</u>
Shuttle Hurdle	57.93	Xiomara Davila-Diaz, Ellakisha Williamson, Tara Bialy, Janna Johnson	1998
4x100 Meter	46.41	Katisha Cunningham, Teresa Covert, Jillian Sherman, Tequirra Cox	2004
4x200 Meter	1:39.44	Christen Griffin, Tierra Chavis, Jenn Gurrant, Fey Adaramola	2009
4x400 Meter	3:48.33	Anisha Andrews, Jenn Gurrant, Ashley Vives, Adanna Andrews	2007
Sprint Medley	3:55.87	Anisha Andrews, Ashley Vives, Adanna Andrews, Jessica Ortman	2007
4x800 Meter	8:53.49	Jenna Ortman, Adanna Andrews, Anisha Andrews, Jessica Ortman	2006
Distance Medley	11:34.21	Jenna Ortman, Anisha Andrews, Adanna Andrews, Jessica Ortman	2006